

Women's Health Seminar

Presented by the Women's Hospital at El Camino Hospital
Hosted by Community Advisory Board member, Cynthia Chang
Sponsored by OCAW-SVC, Organization of Chinese American Women-Silicon Valley Chapter



OSTEOPOROSIS AND BONE HEALTH

Speaker:

Sanaz Hariri, MD
Orthopedic Surgeon

MENOPAUSE & HORMONES

Speaker:

Maureen Khoo, MD
OB/GYN

Saturday April 2, 2011

2:00pm – 4:00pm

El Camino Hospital, Los Gatos
815 Pollard Road, Los Gatos, CA 95032

Join us for a Women's Health Seminar with 2 important women's health topics - osteoporosis and menopause. Learn about the new Chinese Health Initiative at El Camino Hospital. There will also be additional healthy choices for you at the seminar including:

- A **FREE osteoporosis heel screening** for all attendees.
- The El Camino Health Library & Resource Center will be on site with books and materials related to bone health and menopause for you to check out and take with you.
- A free *HealthPerks* lifetime membership from the Women's Hospital at El Camino Hospital. Normally \$25, this program offers information on lectures and events related to women's health, free health screenings and consultations, health tips, a monthly newsletter, discounts on healthy purchases in the community, membership to the El Camino Hospital Health Library & Resource Center, special gifts and more!

Please RSVP by March 28, 2011 to Alice Chiou @ 408-867-8803 or achiou@comcast.net