

OCAW-SVC Health Seminar

- What is 'salad'?
- Process of salad: 'from farm to fork'
- Nutritional value of salad and how they will be affected.
- Salad bag : what does it do ?

Speaker:

Dr. Kai-Lai Grace Ho

Principal Scientist and Salad Platform Section Head Chiquita Brands International, Inc.

Time: SUNDAY, March 18, 2012, 2-4pm

Location: Saratoga Library, Community Room 13650 Saratoga Ave., Saratoga, CA 95070

For more information, please contact Alice Chiou @ 408-867-8803 or send email to achiou@comcast.net