

# E-Newsletter of the Organization of Chinese American Women

February 2017



P. O. Box 3443, Oakton, VA 22124  
Telephone: 301-907-3898  
Email: [ocawwomen@aol.com](mailto:ocawwomen@aol.com)  
Website: [www.ocawwomen.org](http://www.ocawwomen.org)  
501(c)(3) Nonprofit Organization

*(from Linda Devine, Editor)*

With this issue, we begin 2017. Thank you very much, as always, to those who submitted material for the e-newsletter, and to my husband Ed for his photo preparation work.

I continue to encourage OCAW members to write articles for the publication if there is something you think would be of interest to the membership. It has been inspiring to see the wide variety of material being submitted.

Please feel free to send me any suggestions or recommendations that you might have for any aspects of the e-newsletter. My email address is: [devinefive@comcast.net](mailto:devinefive@comcast.net).

We hope to see everyone at our 40th Anniversary Celebration Conference and Reunion!

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## **OCAW 40th Anniversary Celebration Conference and Reunion**

*(from Christina Chang, National President)*

This year is a special year for us. We will celebrate our 40th anniversary on April 1st in the Washington Metropolitan region. We are proud of ourselves as Asian Americans and Pacific Islanders. We will continue our mission to be proud Americans.



**Organization of Chinese American Women Inc**  
**P O Box 3443, Oakton, VA 22124**

*Please Join Us*  
**O C A W**  
**40th Anniversary Celebration**  
**Conference & Reunion**

March 31 - April 2, 2017

Tysons Silverline Center  
7900 Westpark Drive, McLean, VA 22102  
[www.silverlinecenter.com](http://www.silverlinecenter.com)

*For more information:*

Hawaii Chapter: [clskwock@gmail.com](mailto:clskwock@gmail.com) Kohala Hawaii Chapter: [lanimom@yahoo.com](mailto:lanimom@yahoo.com)  
Maryland Chapter: [susanyoung00@yahoo.com](mailto:susanyoung00@yahoo.com) New Orleans Chapter: [phewellzey@gmail.com](mailto:phewellzey@gmail.com)  
Silicon Valley Chapter: [carolyuan@gmail.com](mailto:carolyuan@gmail.com) Virginia Chapter: [yangyutan@aol.com](mailto:yangyutan@aol.com)

The National office:

Donna Byler, Conference Committee Chairperson: [donnabyler@aol.com](mailto:donnabyler@aol.com)  
Christina Chang, National President: [cchang31@hotmail.com](mailto:cchang31@hotmail.com)  
[OcaWWomen@aol.com](mailto:OcaWWomen@aol.com) (301) 907-3898 501(c)(3) organization

Conference supporters:

Ruth Kuo Foundation      AARP      Morgan Stanley      Washington Real Estate Trust

*(from Donna Byler, Executive Director and 40th Anniversary Committee Chairperson)*

All past, present, and prospective members, and significant others, are invited and encouraged to attend the 40th Anniversary Conference and Reunion Party. Many have already RSVPed to their local chapters and to National at [OCAWWOMEN@aol.com](mailto:OCAWWOMEN@aol.com). Please spread the word and reunite with OCAW sisters from the past and present and from across the nation and ocean.

**Thank you, Silicon Valley Chapter!**

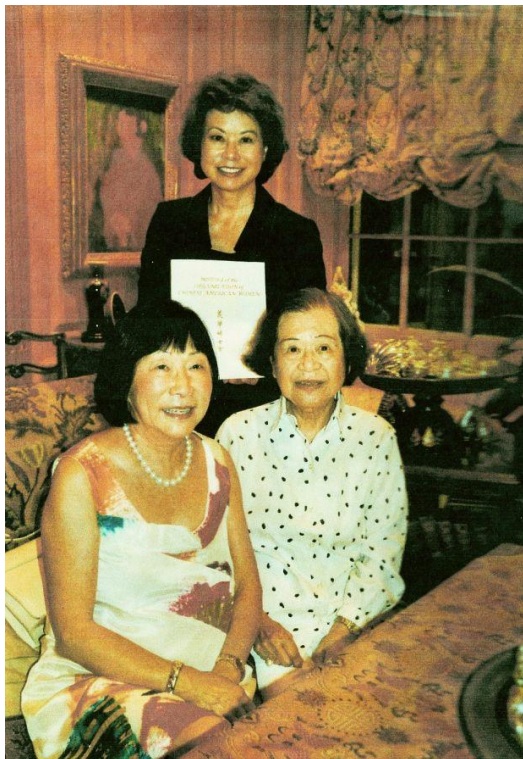
During the January National Board Quarterly Meeting conference call, Carol Yuan, President of the OCAW Silicon Valley Chapter, informed the National Board that at SVC's last board meeting, they voted to give a \$500 donation to the 40th Anniversary Conference.

This very generous gift is most appreciated by OCAW, and we look forward to thanking SVC members in person at the conference!

\* \* \* \* \*

Puanani Woo, Advisor to the Kohala Hawaii Chapter, thought that the following photo would be appropriate for this issue of the e-newsletter as OCAW looks forward to celebrating its 40th anniversary.

The picture was taken in May 2013 at the home of Julia Chang Bloch in Washington, D.C., on the occasion of the book launch of **History of the Organization of Chinese American Women**.



Julia Chang Bloch (*left*) and Pauline Tsui, co-founders of OCAW, with Elaine Chao (*standing*), current U.S. Secretary of Transportation

## News from the Virginia and Maryland Chapters

### Celebrating at the “Celebration of our AAPI Members of the 115th U.S. Congress”

*(from Audrey Lee, former OCAW-MD Board member)*

By happy fortune, facilitated by OCAW-Maryland, I attended the largest gathering of Asian-American congressional representatives in one room on Thursday, January 5, 2017: the “Celebration of Asian American & Pacific Islander Members of the 115th U.S. Congress.”

The 2016 election year was a milestone for our community, as we welcomed a record number of elected Asian-American Representatives, including five freshmen. As we enter 2017, there are now 18 Asian-American Pacific Islander representatives in Congress.

**Celebration of  
Asian American &  
Pacific Islander Members  
of the 115th U.S. Congress**

RSVP Here: [www.apiavote.org/celebration](http://www.apiavote.org/celebration)

**China Garden**  
1100 Wilson Boulevard, Arlington, VA  
Rosslyn Metro  
Thursday, January 5th, 2017  
6:00-9:00 PM

Organized by: **APIA** ASIAN AND PACIFIC ISLANDER AMERICAN VOTE

**Sponsors**  
Presidential:  
**AARP** Real Possibilities  
**COMCAST NBCUNIVERSAL**  
**WILDE AND ASSOCIATES, LLC**

**Organizational:** Asian Pacific American Institute for Congressional Studies, International Leadership Foundation, Service Employees International Union

**Grassroots:** Asian American Action Fund, America's Opportunity Fund, CAPA21 Action Fund, OCA National, Bel Leong-Hong, Hung Nguyen

**Host Committee**  
All Dulles Area Muslim Society, Asian American Center of Frederick, Asian American Chamber of Commerce, Asian American Government Executives Network, Asian Pacific Islander American Public Affairs- Greater Washington DC, Association of Asian Pacific Community Health Organizations, Association of Baltimore Chinese, Calvin Li Foundation, Chinese American Citizens Alliance, Coordination Council of Chinese American Associations, Council of Korean Americans, DC Commission on APIA Affairs, Federal Chinese American Council, Hai Hua Community Center, Kappa Phi Lambda Sorority Inc., Ke Ali I Asian Pacific American Associations, OCA-Greater Washington DC, OCA-Northern Virginia, Maka'ainana Hawaiian Civic Club of Washington, D.C., National Council of Asian Pacific Americans, National Federation of Filipino American Associations, Pacific Island Knowledge 2 Action Resources, Sikh American Legal Defense and Education Fund, TDLS Consulting LLC, Virginia Asian Chamber of Commerce, United Chinese Americans, Ian Asvakovith, Robert Gee, Shivana Jorawar, Sue Langley, Nick Lepham, Cynthia Macri, George Mui, Hamzah ibn El-Amin, Jennifer Oh, Michael Reyes, Albert Shen, Francey Lim Youngberg



OCAW-MD and OCAW-VA, along with over 40 organizations, sponsored tables at the China Garden restaurant in Arlington, Virginia. OCAW National's busy president, Christina Chang, organized OCAW's sponsorship table and our attendance. Shortly before the speeches began, the room was abuzz with networking and photo ops. Eager admirers clustered around Illinois's Senator, Tammy Duckworth, Florida's Stephanie Murphy, and Samoa's Amata Radewagen. Then we were treated to a yummy eight-course banquet of shrimp balls, egg drop soup, chicken, shrimp, duck, fish, fried rice, and sesame balls with oranges.



The fish course



During all the accolades and speeches, I managed to get a photo op with Amata Radewagen and photos of OCAW's table. OCAW-VA President and MD Acting President, Maria Yang, hardly paused during the event to continue her work on the upcoming joint OCAW-VA/MD's Lunar New Year celebration being held on January 29. Maria promised another amazing packed event even better than last year's.

Amata Radewagen and Audrey Lee



OCAW members Dorothy Hsiao, Christina Poy, Jeanie Jew, and Maria Yang

*(Photos courtesy of Audrey Lee)*

Thank you, OCAW, for making this a fun New Year's get-together while celebrating the hard-won achievements of our honored representatives.

### **An Evening of History – Survival in Shanghai**

*(from Camilla Ng, former Maryland Chapter President)*

Christina Poy of the OCAW Maryland Chapter, who is the Administrative Director of the Maryland Governor's Commission on Asian Pacific American Affairs and the Governor's Commission on South Asian American Affairs, received a VIP invitation to "Survival in Shanghai," a photo exhibition, documentary film screening, and reception on Tuesday, January 10, 2017, at the U.S. Capitol Visitor Center Orientation Theater North in Washington, D.C. Christina was able to extend the VIP invitation she received to 20 of her family and friends, including the OCAW attendees of the previous week's "Celebration of Asian American & Pacific Islander Members of the 115th U.S. Congress." The OCAW members who attended the "Survival in Shanghai" event were Christina Poy, Christina Chang and Steve Chang, Dorothy Hsiao and Skip MacArthur, Susan Young and Ben Soumekh, Maria Yang, Camilla Ng, Joel Saltzman, and Pamela Wong.

The distinguished guest speakers were His Excellency Ron Dermer, Ambassador of Israel to the United States, and His Excellency Cui Tiankai, Ambassador of the People's Republic of China to the United States. The Ambassadors kicked off the program with mutual acknowledgment of respect, shared values, and

friendship of both countries. Ambassador Dermer expressed the strength of the Israeli-Chinese relationship during a difficult era in history, with heartfelt gratitude on behalf of the Jewish people to the Chinese for its open door to accept more than 25,000 refugees from the Holocaust in Europe to Shanghai. Dermer talked about the Chinese Ambassador Ho Feng-Shan (Republic of China) to Berlin at the time, who witnessed the increasing Nazi brutality after the 1938 Kristallnacht blood-drenched rampage which destroyed and burned thousands of synagogues and Jewish-owned businesses, and who began issuing visas to the Jewish people to Shanghai. From March 1938 to May 1940, Ho Feng-Shan signed nearly 1000 visas a month. When Yad Vashem, the Shoah Martyrs' and Heroes' Remembrance Authority, was established in 1953 by the Israel Knesset, one of its tasks was to commemorate the "Righteous among the Nations." The Righteous were defined as non-Jews who risked their lives to save Jews during the Holocaust. Ho Feng-Shan was given this honored award, "the Righteous among the Nations," for saving over 20,000 Jewish lives.



His Excellency Ron Dermer, Ambassador of Israel to the United States, and  
His Excellency Cui Tiankai, Ambassador of the People's Republic of China to the United States

*(Photo taken by Camilla Ng)*

The purpose of the evening was also to celebrate the 25th anniversary of the establishment of diplomatic relations between China and Israel (since 1992), with increasing commercial, military, and strategic ties. A number of U.S. Congressional members also attended, including Judy Chu (CA) and Debbie Wasserman Schultz (FL).

The program was sponsored by the Shanghai Media Group (SMG), The Jewish Federations of North America, the American Jewish Joint Distribution Committee, and the International Leadership Foundation. The photo exhibition was a collection of standup panels that captured the people and the stories of the Hongkew Jewish refugees. SMG spent more than eight months to produce the documentary "Survival in Shanghai." The TV crew visited Germany, Austria, Israel, the UK, and the United States where 40 survivors were interviewed. The film consists of three 30-minute episodes, telling about the everyday life of Jewish refugees in the one-square-mile Hongkou ghetto. Apart from the personal narratives, the film collected a large amount of archived material from the Jewish Museum in Germany, Sachsenhausen concentration camp,



Museum of Military History in Austria, The Holocaust History Museum in Israel, and many other places. Among them, many documents, photos, and videos were first introduced to the public. This link is to a 5-minute bilingual trailer of the documentary, with Chinese and English:

<https://www.youtube.com/watch?v=UahkaZM5IPM>

The presentation of the film and the evening program were to commemorate this dark page of history and to promote Peace.

In the following paragraphs, I highlighted two of the interviewees, “Shanghaianders,” in the documentary.

**I. Betty Grebenschikoff**, 85, a Holocaust refugee to Shanghai and autobiographer of Once My Name Was Sara, was present at the U.S. Capitol Visitor Center that evening. Copies of her memoir were given to the invited guests. Her memoir details her family’s flight from Nazi Germany just days before her father’s expected arrest by the Gestapo. She describes her early childhood in Berlin and later growing up in Shanghai, the city that became her home.

As stateless Jewish refugees, she and her family were interned in the Hongkou ghetto by the Japanese authorities during World War II. After leaving Shanghai in 1950, Betty lived in Australia before settling in America in 1953 in New Jersey. Betty’s memoir is recommended reading for middle-grade students in understanding the depth of the Holocaust to meet the New Jersey Holocaust/Genocide Mandate.



Another Holocaust refugee to Shanghai interviewed in the documentary was **W. Michael Blumenthal**, the American business leader, political advisor, and former U.S. Secretary of the Treasury under President Jimmy Carter (1977-1979). At age thirteen, Blumenthal barely escaped Nazi Germany with his Jewish family in 1939 to Shanghai, which did not require visas. He spent World War II living in the Hongkou ghetto in Japanese-occupied Shanghai until 1947, and witnessed tremendous starvation and poverty. Blumenthal said he regrets that he did not learn Chinese language, history, and culture during those years in Shanghai, for he was very busy trying to earn enough money to eat.

The following is a summary of the documentary by Joel Saltzman, a friend of OCAW.



## **Capitol Hill Screening of the Documentary film, “Survival in Shanghai”**

Presented by Shanghai Media Group, The Jewish Federations of North America,  
American Jewish Joint Distribution Committee, and International Leadership Foundation

by Joel Saltzman

The documentary film, “Survival in Shanghai,” details the hurried migration of more than 20,000 European Jews from Germany, and other areas being annexed by Hitler’s Nazi Regime as they began their barbarous grip on Europe. For several years after Hitler rose to power in 1933, but prior to the outbreak of war with his invasion of Poland in September 1939, the Nazi regime passed increasingly draconian sanctions on practicing Jews, and persons of mixed Jewish origin in areas under Nazi control. These measures included removing Jews from university, medical, and law faculties and practices, confiscating or destroying Jewish-owned businesses, and confiscating bank and other assets of any value, and artwork that had been in families for generations. Even Jews that had fought for Germany’s Kaiser Wilhelm during World War I, winning medals for honor and valor, were subjected to arrest, interrogation, beatings, and disappearance. Jails, prisons, and camps filled up as Jews and others deemed “undesirables” were adjudicated “enemies of the state.”

Many Jews remained in Germany, Hungary, and Austria despite this ferocious wave of hate, concluding that their cultured lands that had produced Beethoven, Brahms, Goethe, and Mozart could not be capable of such continued wanton savagery. Things couldn’t get any worse than had been experienced by 1938, they concluded.

Other Jews accepted that persecutions would only get worse, and lined up at embassies and consular offices of countries perceived to be accommodating to Jewish refugees. But many desired countries adopted strict quotas. It became difficult to secure visas to emigrate to places like the U.S., South America, the U.K., France, or British Mandate Palestine, despite the fact that Jews had emigrated to and had become established in these countries many years before. Some ambassadors and consular officials, including the Chinese Ambassador to Austria, and Raoul Wallenberg, a Swedish consular official in Hungary, issued many visas to Jews seeking to escape the Nazis.

Some European Jews learned that if they could scrape together the funds necessary to get to Naples, Italy, bribe Japanese and Italian steamer line officials, and secure steamship passage on Japanese ships to Shanghai, China, they could land and enter without visas. Shanghai was occupied by the Imperial Japanese Army since the autumn of 1937, after intense battles that had inflicted hundreds of thousands of casualties on the Japanese and Chinese armies. But Shanghai remained an international city, with significant foreign business investments, concessions, factories, and cultural influences that Imperial Japan believed in its interests to continue.

Many attempted to sell their possessions to buy steamship tickets to countries that would allow them in. In all, around 20,000 European Jews facing Nazi expropriation, barbarism, and removal to concentration camps made it to an enclave in the city of Shanghai. There, though confined, they survived more than 5 years of war that saw the extermination of six million European Jews.

The Film, “Survival in Shanghai,” through personal narratives, documents their history leading up to the wave of forced migration, the stories of their journeys and settled life upon arrival in Shanghai, and the friendships and cultural exchanges brought about by the interactions of European refugees and the Chinese people of Shanghai. The film keenly depicts persons of very different backgrounds sharing many identical values, philosophies, and priorities that emphasize education, respect for others, and family.

### **Chinese Lunar New Year Celebration**

*(from Maria Yang, Virginia Chapter President and Maryland Chapter Acting President)*

On Sunday, January 29, 2017, members of the OCAW Virginia and Maryland Chapters and guests gathered in the Auditorium of the Arlington Central Library in Arlington, Virginia, to celebrate the Year of the Rooster. The Rooster is the only animal considered to be a virtuous one among the 12 Chinese zodiac animals, for it embodies five virtues: literacy and politeness because of its comb; military bravery because it has spurs to fight; courage because it is fearless against the enemy; benevolence because it shares its grain; and reliability because it crows every morning with unchanging regularity.

The celebration included a potluck dinner, featured speakers, and performances by singers and dancers. More than 100 people attended the event, which was open to the public.

The special guest of honor was Yumi Hogan, the First Lady of Maryland. Ms. Hogan is an accomplished artist and is the first Korean-American First Lady in the United States. Following some remarks by the First Lady, OCAW was presented with an official proclamation from The Honorable Larry Hogan, Governor of Maryland, declaring January 28, 2017 as Asian Lunar New Year Day in Maryland.



Yumi Hogan, First Lady of Maryland

*(Photo taken by Steve Kwak)*



Presentation of Governor of Maryland Larry Hogan's Official Proclamation

Christina Wong Poy, Administrative Director of the Governor's Asian Pacific American and South Asian American Commissions and OCAW-MD Treasurer; First Lady Yumi Hogan; and Maria Yang, OCAW-VA President and OCAW-MD Acting President and Event organizer



*(Photos taken by Steve Kwak)*



Leading the evening's entertainment, noted opera singers Hai-bo Bai and Hong-fa Chu performed vocal selections by Verdi, Puccini, Di Capua, Fu Tong, and Shiguang Wang.





Noted opera singers Hai-bo Bai and Hong-fa Chu

*(Photos taken by Ed Devine)*

They were followed by lovely Chinese dance performances, first by OCAW-MD member Camilla Ng.



OCAW-MD member  
Camilla Ng

*(Photos taken by Ed Devine)*



*(Photo taken by Steve Kwak)*

Members of the Fairfax Chinese Dance Troupe then entertained the audience.



*(Photo taken by Ed Devine)*





*(Photo taken by Steve Kwak)*



*(Photo taken by Ed Devine)*





*(Photo taken by Steve Kwak)*

A delicious dinner was served, with tables overflowing with a wide variety of dishes for every palate. Afterward, evening activities resumed with a slide presentation of sights in China by OCAW-VA Vice President Chi-Hua Yang. The presentation reflected her first trip to China last October, and her talk was informative and educational.



OCAW-VA Vice President Chi-Hua Yang

*(Photo taken by Ed Devine)*

The final program of the night was a demonstration of 24-Form Taichi by OCAW-MD members who are students of Sifu Lu Xiao Lin of the O-mei Wushu Center in Merrifield, Virginia.



*(Photos taken by Ed Devine)*

The group performed the Taichi Short Form. The Taichi Short Form is derived from the traditional Yang family style, which has 24 movements. This Short Form is the most popular form practiced by Taichi beginners. It was originally created in the 1950s by the People's Republic of China as a standardized competition form.



Dorothy Hsiao, OCAW National Secretary; Camilla Ng, former OCAW-MD President; Weihua Jiang; and Susan Young, OCAW-MD Secretary

*(Photo taken by Ben Soumekh)*

*(The following photos were all taken by Steve Kwak.)*











Thanks to everyone who participated and helped to make this event a success!

*(Editor's Note: Steve Kwak is an official photographer for the Executive Office of the Governor of Maryland. Photos appearing in this issue that are credited to him are courtesy of the Governor's Office.*

*One can view or download his photos at: [www.govpics.maryland.gov](http://www.govpics.maryland.gov).)*

### **The OCAW Maryland Chapter thanks Maria Yang**

At the conclusion of the Chinese Lunar New Year celebration on January 29, Linda Devine, on behalf of the OCAW Maryland Chapter, expressed the chapter's heartfelt thanks to Maria Yang. Three years ago, while serving as President of the Virginia Chapter, Maria graciously consented to take on the additional responsibilities of also serving as Maryland Chapter Acting President.

Maria is finally stepping down as Acting Maryland President, and she was presented with a small token of our appreciation. She has served the Maryland Chapter with the utmost grace and generosity, and for that we are extremely grateful.

Thank you, Maria!



Linda Devine and Maria Yang

*(Photos taken by Ed Devine)*

## **News from the New Orleans Chapter**

*(from Patricia Hew Ellzey, President)*

### **January Meeting**

Our first chapter meeting for 2017 was held at the Chinese Presbyterian Church in Kenner, Louisiana, on Saturday, January 14. We welcomed our 12 new members, most of whom are planning to attend and celebrate at our national 40th Anniversary Conference in Washington, D.C., this spring. Eleven members and three husbands are planning to attend the conference.

We also welcomed Cuilan Lee who was gracious to represent us at the Annual New Orleans Asian Pacific American Society (APAS) fundraising Gala as Ms. China. She was able to raise about \$6,000 and placed second in raising funds for this event.

Members were encouraged to read books written by two authors who will be speakers at the 40th anniversary conference: Confucius Says by Veronica Li, and Forbidden Citizens by Martin Gold.

Our 2017 activities will include:

- co-sponsoring activities with the Chinese Presbyterian Church senior group on the third Thursdays of the month
- a Healthy Living presentation using Chinese and western medicine by Lihua Zhang in February
- a Skin Care presentation by Cuilan Lee in March
- participating in and supporting the annual APAS Heritage Festival in April, Gala in November, and Children's Christmas party in December
- continuing to learn more about Chinese American history and culture
- exchanging recipes for healthy diets

A presentation honoring our chapter founder and first President, Shaie Mei Temple, was given by Winston Ho, Ph.D. candidate in Chinese American History. The audience was interested in learning about the work of Ms. Temple and was grateful to be able to enjoy the fruits of her dedication and foresight.

Ms. Temple was born in 1949 in Taiwan to the Deng family. She lived in Libya, studied Nuclear Engineering at MIT, and worked for Entergy in New Orleans. In exploring her identity as a Chinese American female engineer, she became active in many local civic organizations, produced a Chinese English newspaper, served as the Principal of the local Chinese school, organized an Asian American Women Leaders group as well as our OCAW chapter, started a website called *AsianBayou.com*, and prided herself as Bayou Lotus. Prior to her untimely death in 2002, she began researching the presence of Chinese immigrants in the community by interviewing, researching, and documenting local Chinese pioneers and businesses and any records that she could find.

The meeting then moved to the Imperial Garden Restaurant to enjoy a traditional delicious 9-course meal to celebrate the Chinese New Year. At the restaurant, our 2017 officers were installed by Thuy Vu Vo, the 2017 Chair of the New Orleans Asian Pacific American Society (APAS).

**2017 Officers:**

President – Patricia Ellzey  
Vice President – Lihua Zhang  
Secretary – Maria Auzenne  
Treasurer – Nancy Chung

**News from the Silicon Valley Chapter**

*(from Carol Yuan, President)*

**Annual Holiday Member Social**

We held our annual holiday member social on Sunday, January 15, 2017. More than 30 members and their families joined the event. It ran from 2 p.m. to 4:30 p.m. at the San Jose City Library, Calabazas Branch, in San Jose, California.

The first part of the social was a health presentation by our member, Amy Shiau. The topic of her talk was “Nutrition and Cancer, Prevention of Chronic Disease.” Amy’s presentation was very vivid and informative. She interacted with the audience by asking and answering questions as she proceeded. The talk was well received by all. Here is the summary of the presentation.



Amy Shiau presenting

**1. Can we eat to starve the cancer cell?**

Anti-angiogenesis therapy was started in 2004. Animal trials have shown a 60% success rate. Food contributes 30-35% of the factors causing cancers. Red grapes, strawberries, soybeans, green tea, and garlic have been effective in anti-angiogenesis therapy.



## 2. About sugar

The metabolism of sugar is very similar to alcohol, so sugar is also called the non-drunken alcohol. Consuming too much drink containing sugar increases uric acid and hence increases the chance of getting gout. It will also increase triglycerides and cholesterol. Too much sugar can also cause fatty liver disease.

## 3. The never-get-Alzheimer's RX

- Exercise at least 3 hours per week.
- Meditate for 10 minutes each day.
- Consume 1500 mg of omega-3 fatty acids per day. Food that is high in omega-3 fatty acids includes salmon, mackerel, sardines, anchovies, flaxseed, and walnuts.
- Recite a song, poem, article, or anything to exercise the brain every day.

## 4. Diets that could lessen different symptoms from chemotherapy and radiation treatments

- Nausea and vomiting – consume small meals, less oil, and less sugar
- Reduced appetite – use different cooking methods; eat foods that can increase the appetite
- Oral ulcers – consume porridge and noodles chopped with a blender
- Constipation – consume fruits, vegetables, and prune juice
- Diarrhea – consume food with less fiber and less oil; avoid dairy products; consume vegetable soup to supplement the loss of electrolytes
- Bloating – avoid onions, chives, potatoes, beans, and milk; get adequate exercise



5. 7 food groups that can prevent cancers

- Mushrooms
- Seaweed
- Polyphenols (beans, whole grains, fruits, vegetables, green tea, dark chocolate)
- Carotenoids (carrots, pumpkin, tomatoes)
- Cruciferous vegetables (kale, cabbage, broccoli, brussel sprouts, radishes)
- Catechins
- Lactic acid and yogurt

Top 10 foods that could help build a body that is free of cancel cells:

Oatmeal, blueberries, tomatoes, green tea, salmon, garlic, broccoli, nuts, spinach, and green grapes

6. 4 cancer-causing factors that are related to diet

- Too much salt intake
- Citric acid cycle disorder
- Too much reactive oxygen species
- Too much animal protein and oil intake

After the presentation, we were divided into two groups, and Alice Chiou led us in playing Charades. The winning team received a box of cookies to share.



Playing Charades



Hung Wei acting out a phrase

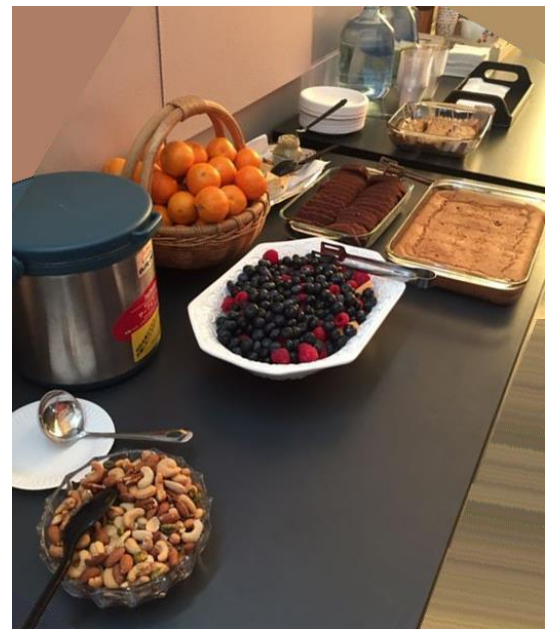


Gary Chang (member Annie's husband) acting out a phrase

Then we played Bingo. At the end, everyone was a winner and received a small prize. Everyone also enjoyed the refreshments prepared by officers while playing games.



Playing Bingo



Refreshments





It was a delightful afternoon, and we all enjoyed a wonderful time and each other's company!



(from left) Alice Chiou, Carol Yuan, Jean Ma, Amy Shiau, Hong Tai, Anne Hu, Sophia Yang, Cynthia Yang, Sherry Hsu, and Rose Chen

Please go to our website, <http://www.ocaw-svc.org/>, for updates on our chapter.

### **News from the Hawaii Chapter**

#### **Hawaii Chapter's Year-End Report**

*(from Linda Young, Immediate Past President)*

The Hawaii Chapter had a very interesting year!

We held four General Membership meetings with speakers at each meeting, revolving around the theme of "Enjoying Our Heritage," and we had a very profitable fundraiser.

For the first meeting in February, Queenie Mow Chee, ex-officio, was able to secure Rosalind Mau, who spoke about **the Year of the Monkey (what it means) and the many traditions that we enjoy.**

For the second meeting in March, Chu Lan Shubert-Kwock asked Mabel Lau, a jewelry store owner, to speak about **jade.** The crowd was so enthusiastic that they brought their pieces of jade, and Mabel helped them to identify their jade!

In July, we held our fundraiser, where the guests enjoyed terrific entertainment and fun activities around the theme of **“Viva Las Vegas.”** The fundraiser was led by Isabella Monzon, and Gigi Ko was our narrator. The chapter was able to raise \$4,000 to donate to various nonprofit organizations.

Our third meeting was moved to August, due to the date of the fundraiser. At this meeting, Chu Lan was able to have Rebecca Woodland speak to our members about **a plant-based diet.** Rebecca is also the author of The Blonde Vegetarian. She delighted us with creative and common-sense ideas to make our diet interesting.

The fourth meeting was held in October where our ex-officio, Queenie Mow Chee, was able to tie up our year as speaker – **saying good-bye to the Year of the Monkey!**

The helm is now turned over to Chu Lan Shubert Kwock to steer the ship in 2017 as we head into the Year of the Rooster!

Much Aloha,

Linda Young  
2016 OCAW Hawaii Chapter President

### **New Officers for 2017**

*(from Rena Young Ochse, Treasurer and Newsletter Editor)*

At our October 2016 General Membership meeting at the Maple Garden Restaurant, members voted for the chapter officers for 2017. They are:

President – Chu Lan Shubert-Kwock  
Vice President – Dr. Lei Ahu Isa  
Secretary – Susan Chong Wong  
Treasurer – Rena Young Ochse

### **Christmas/Installation Luncheon**

*(from Rena Young Ochse)*

Our annual Christmas/Installation luncheon was planned by Queenie Chee and her helpers. It was held on Sunday, December 4, 2016, at the beautiful Oahu Country Club in Honolulu. It was a grand affair with music of Aloha provided by friends of Lei Ahu Isa. They played throughout our buffet luncheon and were enjoyed by all. After lunch was our installation of officers. Dr. Lawrence K.W. Tseu did the honors of installing them.











2017 officers installation: taking the oath

We also recognized the past presidents of OCAW-Hawaii who were present at the gala affair.



Past Presidents of OCAW-Hawaii: *(from left)* Queenie Chee (2000, 2015), Dr. Margaret Lee (1st President, 1989), Phyllis Shea (1993), Chu Lan Shubert-Kwock (2017), Dr. Lei Ahu Isa (2004-05), Rena Young Ochse (2002, 2013-14), Dr. Sandra Young (2012), Diane Wong (2003), Kimberly Oliveira (2008-09), Sharon Chun (2007). Seated: Yun Soong Jim (1997-98).

We appreciate the event committee's conscientious efforts in providing us such a joyous occasion!

### **FINDING KUKAN**

*(from Rena Young Ochse)*

At the Hawaii International Film Festival, "Finding Kukan," the documentary produced by OCAW Hawaii Chapter member Robin Lung, was shown at the Dole Cannery Theater. It was well received by all who attended. The Hawaii Chapter is proud to have a member who created a true story of Li Ling-Ai.

Robin's film will be shown in San Francisco, on the East coast, and elsewhere.



### **News from the Kohala Hawaii Chapter**

*(from Lani Eugenio, President)*

We had a Chinese New Year Celebration at a small shopping center in the tourist area on Saturday, February 4, 2017.

The Lim-Yap family preserves both the Hawaiian and Chinese cultures.

*(All of the following photos were taken by Lani Eugenio.)*





Chinese New Year Festivities at the Mauna Lani Shops organized by Nani Lim Yap and her husband, Ed Yap. Nani is the daughter of our OCAW Kohala Hawaii Vice President, Mary Ann Lim.



Nani Lim Yap demonstrated cooking favorite Chinese dishes while her helpers served the free samples.



Successful Fashion Designer, Carrington Manaola Yap, had a busy booth at the event. He is the grandson of Mary Ann Lim. (His designs can be seen at: [https://manaolahawaii.com/2016/12/28/honolulu-fashion-week/.](https://manaolahawaii.com/2016/12/28/honolulu-fashion-week/))



OCAW Kohala Hawaii Vice President Mary Ann Lim (wearing her grandson's scarf), with her daughter-in-law, Donna Lim





The audience was enthralled with the fire-breathing “Dragon.”



What is Chinese New Year without the lions?



Asialynn Yap drums the traditional beat to the lions' leaps.



Youngsters perform martial arts movements to modern music.



## From and About Our Members

### About Dr. Linda Tsan, Virginia Chapter member

Linda Tsan's husband, Min-Fu Tsan, writes that Linda gave a piano recital on Sunday, December 4, 2016, at the Jewish Community Center in Rockville, Maryland. She played a Chopin Nocturne and Prelude, as well as a Beethoven Sonata. The audience enjoyed the music very much.

Linda studied piano at the Peabody Conservatory of Music of The Johns Hopkins University in Baltimore, Maryland, obtaining both Bachelor's and Master's degrees in Music. She subsequently went on to study medicine and received her M.D. from the University of Maryland School of Medicine. She was a Board Certified Family Physician and retired in 2010 after more than 30 years in clinical practice.





Linda and Min-Fu Tsan

**From Christina Wong Poy, Maryland Chapter Treasurer**

I first met Secretary Elaine Chao when I attended several White House briefings in 1992 at the Eisenhower Executive Office Building (formerly called the Old Executive Office Building). At that time, she was Deputy Secretary of Transportation and I was a fresh-faced kid asking questions trying to gain insight on what career path to take. I hadn't joined OCAW yet, so she was very inspirational as an accomplished Asian American woman working in public service and as a Chinese American role model for me like many OCAW members came to be.

Later as I continued my involvement with the Asian Pacific American community as the youngest vice president of OCAW National and as the treasurer of the OCA-Young Professionals, we bumped into each other so often that she introduced me and my sister (Pam) by name to her husband Senator Mitch McConnell, who later became the Senate Majority Leader. What a moment!

On Wednesday, January 11, 2017, I had the privilege of attending **the Senate confirmation hearing for President-elect Donald Trump's nominee Secretary Elaine Chao as U.S. Secretary of Transportation** at the Dirksen Senate Office Building. Secretary Chao's husband Senator Majority Leader Mitch McConnell, her father James Si-Cheng Chao, and her younger sister and two nieces also attended the hearing. Given her



experience of serving as the 24th U.S. Secretary of Labor under President George W. Bush from 2001 to 2009, and Deputy Secretary of Transportation under President George H. W. Bush, she remained poised. Her responses to the senators were confident and well-informed. Many of the subjects included safety and security of the aging infrastructure (i.e., railways, roads, bridges, tunnels), new technology/innovation (i.e., drones, self-driving vehicles), air traffic control privatization, drunk driving, greenhouse emissions, etc. And when there was a subject with which she was unfamiliar or needed more information, she responded gracefully, acknowledging that she would need to be briefed or looked forward to meeting with the senator again on the topic if her nomination were confirmed. I was glad to see that even after more than 20 years of interacting with her, Secretary Chao remains a force to be reckoned with and an inspiration for all Asian Pacific Americans.

### **From Christina Wong Poy**

The **Asian American Alumni Association of Princeton/D.C. region (A4P)** held a Lunar New Year Dim Sum on Saturday, February 4, 2017, at the Hollywood East restaurant in Wheaton, Maryland. OCAW Maryland lifetime members Rose Li and Kitty Hsu Dana were the organizers of this celebration.

Christina Poy presented the Governor of Maryland's Proclamation in celebration of Lunar New Year to the Alumni Association, which hosted the Summer 2016 Breakfast Seminar Series on APA Civil Engagement, also organized by Rose Li and Kitty Hsu Dana. Commissioner Bob Zhang spoke about the Maryland Governor's Commission on Asian Pacific American Affairs, the Maryland Sister States Program with Anhui, China, and the founding of the Towson University APA Alumni Affinity Group. Also pictured is Elaine Chan speaking. She is an alumna of Princeton's first class of women.



*(Photo taken by Samantha Lee)*



*(Photo taken by Samantha Lee)*



*(Photos taken by Christina Poy)*







*(Photos taken by Samantha Lee)*